



**June 1, 2023 — FOR IMMEDIATE RELEASE**

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### **Indraloka Animal Sanctuary's Offers FREE Open Tours for NEPA Gives**

Dalton, Penn. — Goats and sheep and cows! Oh my! **Indraloka Animal Sanctuary of Dalton, PA**, one of the most respected farm animal sanctuaries in the country, is open for **free self-guided tours on NEPA Gives day, June 2<sup>nd</sup> from noon. to 5 p.m.** Everyone is invited to come out and meet our beautiful, gentle farm animals.

A guided tour led by the sanctuary's founder and including lots of behind the scenes glimpses of the animals' lives begins at 10 a.m. on June 2nd costs \$15, and requires advance registration on the website. Please wear waterproof shoes or boots to the sanctuary.

"The animals *love* NEPA Gives days. We hold a lot of events year-round and most of the animal-people are used to being with human-people and, of course, they love visitors. And, they are especially excited to meet new friends!" says Indraloka founder Indra Lahiri, PhD.

Set on 100 acres of beautiful farmland, rimmed by the bucolic Endless Mountains, Indraloka offers visitors a chance to tour the sanctuary at their own pace for NEPA Gives. Plenty of volunteers and staff will be on hand to answer questions, take photos and introduce visitors to the animals. Social media lovers will want to tune into our NEPA Gives Facebook and Instagram stories about the amazing impact Indraloka is making on animals *and* people.

"The sanctuary is introducing more programs that help our community take care of their mental health. Spending time in nature with loving animals who have overcome horrors and now live happy and free helps people, especially children, tap into their own resilience and hope."



Indraloka offers another health advantage: According to author and medical anthropologist Theresa MacPhail, **spending time with farm animals helps boost the immune system**, particularly for young children.

Dr. Lahiri is available for interviews and media tours. Indraloka has been gaining national attention as one of the preeminent farm animal sanctuaries in the world. The sanctuary's educational programs are hailed as the future of education.

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**About Indraloka Animal Sanctuary**

Indraloka, a 501(c) nonprofit, provides “heaven on earth” for farm animals that have nowhere else to turn. We inform, inspire and empower the community, especially children, on ways in which we can better care for ourselves and the environment while helping animals in need. We advocate for a kind and compassionate lifestyle that protects animals, the earth and our own health and. As educators, we offer a wide range of STEAM-based learning programs, summer camps and field trips for children, K-12. The community is invited to tour the sanctuary; reservations are required. We host live, public and virtual events throughout the year for adults and children. Visit us at [Indraloka.org](http://Indraloka.org).